



Restorative Membership

Therapeutic Services | \$100 per Month

Includes: Unlimited Turf Gym access with Peloton's, Two Infrared Sauna sessions weekly, Two RelaxRx (Alpha-Stim, Targeted LED Light Therapy, Brain Tap) sessions weekly.

Additional 10% off all other services and supplements.

Hyperbaric Oxygen Chamber Treatments

brain trauma, depression, and overall healing

Individual Session (60 min)	\$80
Energy Package (5) 30 min sessions	\$225
Healing Package (10) 60 min sessions	\$600
(20) 60 min Sessions	\$1,100
(40) 60 min Sessions	\$1,800

Accelerate the body's healing process by creating an environment of increased pressure that promotes oxygen absorption throughout the body's tissues

Heart Rate Variability

stress, rest, and digest

Single Analysis	\$30
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Analyzes autonomic nervosa system function specifically looking at the body's ability to heal itself

InBody Scan

non-invasive muscle, fat and water analysis

Single Scan	\$30
HRV and InBody Scan	\$50

Measures visceral fat that can cause heart disease and diabetes, measures skeletal muscle mass and basal metabolic rate

Brain Health

brain balancing

Functional Neurology Comprehensive Evaluation	\$375 / 1.5 hours
<i>Follow-up appointments start at 30 minutes or more at \$250 per hour</i>	
Irlen Screening	\$150
Brain Tap (3 times per week)	\$240/month

Interactive Metronome

balance, focus, and timing

In Center Only Promotion (6 Weeks)	\$1,200
<i>Three sessions (30 min) or two sessions (45 min) weekly</i>	
Hybrid (In center and virtual)	\$1,224
<i>One session weekly in center and at home</i>	
Virtual Only	\$1,024
<i>Sessions at home only</i>	

Measures and trains basic timing ability. Using steady auditory beat, combined with specific physical exercises, IM will improve balance and focus

Open Turf Gym

mobility, flexibility, and weight loss

1st Month	\$30
Monthly Membership	\$50/month

Open turf gym with Peloton bikes and treadmill, Virtual training with NY instructors, circuit training, and Holy Yoga



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Therapeutic Mud Bath

migraines, muscle tension, and weight loss

Individual Mud Bath.....	\$75
Package of Three	\$200

Promotes the body's ability to heal and improve cell and organ function by helping rid the body of toxins and waste products

Therapeutic Massage

arthritis, headaches, and range of motion

1 Hour Swedish or Lymphatic Drainage.....	\$70
1 Hour Sports, Deep Tissue, Rehab/Clinical...	\$80

Reduces muscle tension stress and pain. Lowers blood pressure and improves cardiovascular health

Ozone and IV Nutrients

inflammation, joint pain, immunity, and energy

MAH (Per Infusion)	\$135
MAH (Package of 5)	\$575
MAH (Package of 10).....	\$1,000
IV Nutrients	\$20-\$200

Ozone increases oxygen in the body to promote healing, increase circulation, and decrease inflammation. Nutrient IV therapy delivers vitamins, minerals, and amino acids direct into the blood stream

Alpha-Stim Therapy

anxiety, depression, and insomnia

20 min Session	\$20
40 min Session	\$40

Increases alpha brain waves which decrease anxiety, minimizes depression, stimulates creativity, improves insomnia, and enhances focus

Targeted LED Lights Therapy

circulation and inflammation

20 min Session	\$50
Monthly Unlimited	\$200

A proven method of therapeutic healing that is designed to energize the skin, nerves, tendons, muscle, and bone to trigger the healing process

Infrared Sauna

detoxifies, relieves pain, and eases stress

Monthly Unlimited	\$200
60-Minute Session	\$60
30-Minute Session	\$30

Produces soothing, relaxing heat that penetrates tissues to cleanse and detoxify cells throughout the body