



We do not accept payment from any form of insurance. Faithfully Guided Health Center (FGHC) is classified as a primary care practice, but some insurance companies don't recognize our unique model of care and we feel that working outside our model of care prevents us from accomplishing our defined goals for your health. Therefore, we created a membership model which allows flexibility to compile a wide range of resources designed around our model of care. Depending on your personalized health needs, upon completion of the collaborative intake assessment, we fashion a plan of care *with you*. We have payment options that will allow you the greatest value for a reduced amount. Outside the collaborative model, our services can be made available on an individual basis (as in fee-for-service). Many members/clients choose to access funds from their Health Savings Account.

Your provider will work with you to customize testing orders based on your health needs and personal preferences. Laboratory costs for blood work and specialty tests are not included in the membership price. Blood work is however, usually covered by standard health insurance. If you utilize a medical cost sharing plan (such as Medi-Share, or others), we have negotiated deeply discounted rates with Quest on your behalf. More esoteric specialty tests range from \$100-\$379 and we work hard to provide adequate documentation to assure insurance coverage for them. This is not always successful. We will discuss with you the relative importance of each test so you have the option to forgo tests with undesired out-of-pocket expenses.

A FGHC membership does not replace general health insurance. We advise all members to maintain a separate health insurance plan of their choosing. Again, for blood work, insurance frequently offers full coverage. Unanticipated accidents and hospitalizations can be very expensive hence, some coverage is desired. If you maintain excellent general health through our approach to lifestyle and prevention, a high deductible insurance plan may suffice.

Please understand that our health model is predominantly health and prevention with the focus to get to root issues that cause symptoms or interfere with quality of life. Standard insurance models focus on reimbursement for disease and often do not cover health related services nor do they share our focus.

LEADING THE WAY IN LIFESTYLE HEALTH

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